

23th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2010

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 8th - 9th, 2010

Nome/Name **Enrica CIPOLLONI**
Nata/Born 19.10.90, S. Benedetto del Tronto
 1,77 m, 59 kg.
Club Tecno Adriatletica Marche
Allenatore/Coach Francesco Buttari

Migliori Risultati/Personal best:

Heptathlon	4992	Grosseto	21.06.09	14.78	1.72	10.77	26.57	5.75	32.10	2.35.64
				871	879	580	748	774	516	624
				871	1750	2330	3078	3852	4368	4992

100 m hurdles	14.42	Rieti	13.09.08
High jump	1.84	S. Benedetto	25.04.09
Shot put	10.77	Grosseto	20.06.09
	11.02i	Ancona	31.01.10
200 m	26.57	Grosseto	1,3 20.06.09
Long jump	5.85	Milano	-0,5 1.08.09
	5.97w	Milano	3,7 1.08.09
Javelin throw	37.02	Osimo	25.04.10
800 m	2.35.64	Grosseto	21.06.09
	2.35.04i	Ancona	1.02.09
1st day	3078	Grosseto	20.06.09
2nd day	1914	Grosseto	21.06.09

Totale ideale/Total points with personal best:	14.42	1.84	11.02	26.57	5.97	37.02	2.35.04
	920	1029	596	748	840	610	631
	920	1949	2545	3293	4133	4743	5374



Career:

Allieva

3375	1) FERMO	6.05.05	CDS	15.5	1.66	8.60	5.00	26.51	67.8	-1,1	1,3	Esathlon
3598	5) S. CRISTINA	1.07.07	NC	15.20	1.63	9.36	5.02	27.87	64.71	0,0	3,2	Esathlon
4272	3) RIETI	3.06.07	ALL.	15.66	1.69	10.21	28.00	4.78	31.16	2.46.48	-1,3 -0,9 -2,4	Eptathlon

4549	2) S. BENEDETTO TR.	11.05.08	CDS	15.30	1.75	8.31	27.68	5.84	29.27	2.47.31	1,4 0,0 0,0	
4456	5) LATINA	1.06.08	NCJ	15.24	1.63	9.43	27.56	5.55	30.69	2.45.43	-1,3 -0,9 -0,6	
4087	11) RIETI	14.09.08	CDS	15.31	1.50	10.33	27.61	5.03	31.05	2.57.62	-0,4 0,9 -0,9	
4923	1) S. BENEDETTO TR.	26.04.09	CDS	14.85	1.84	9.94	26.99	5.52	29.49	2.35.94	0,2 0,0 0,2	
4011	5) RIETI	7.06.09	TOPTEN	14.65	1.69	9.87	27.18	5.04	30.87	dnf	-2,7 -0,8 3,4	
4992	1) GROSSETO	21.06.09	NCJ	14.78	1.72	10.77	26.57	5.75	32.10	2.35.64	-2,3 1,3 0,1	
4816	6) MILANO	1.08.09	NC	14.86	1.72	10.75	26.89	5.97	28.74	2.48.05	-0,7 0,7 3,7	
4196	6) OSIMO	1.08.09	CDS	14.89	1.69	10.24	27.92	5.52	37.02	dnf	0,0 3,1	

Indoor

3084	16) ANCONA	27.01.08	NC	9.46	1.66	9.32	5.00	2.54.52				
3192	5) ANCONA	18.01.09		9.11	1.60	10.02	5.18	2.53.39				
3381	13) ANCONA	1.02.09	NC	9.30	1.63	9.50	5.27	2.35.04				
2753	7) ANCONA	17.01.10		9.13	1.60	10.99	4.93	dnf				
3674	2) ANCONA	31.01.10	NCU23	8.75	1.63	11.02	5.54	2.35.00				