



## 23<sup>th</sup> International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2010

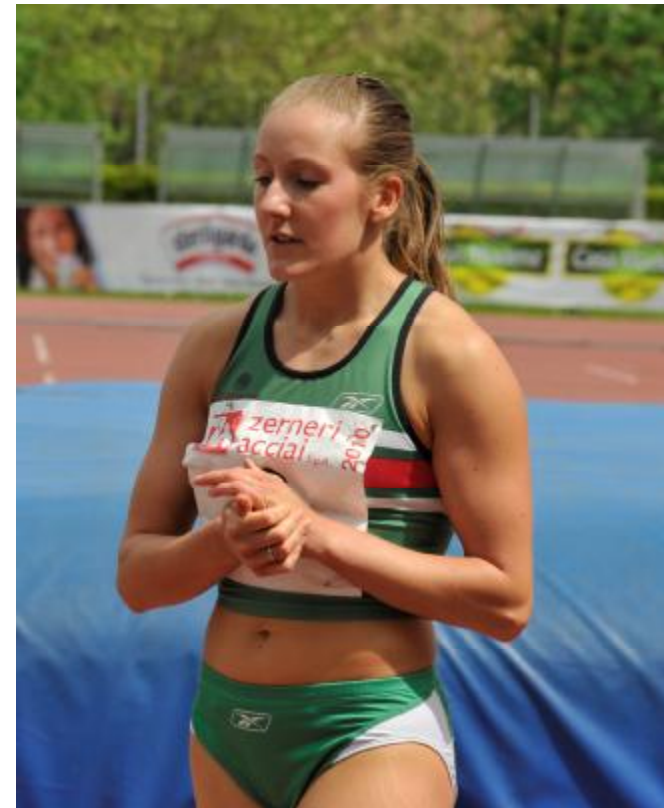
TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 8<sup>th</sup> - 9<sup>th</sup>, 2010

Name: **Katia LANNON**  
Country: Great Britain  
Date of birth: 14 september 1985  
Place of birth: Ibiza  
Club: Sale Harriers Manchester  
Coach: Billy Jewers  
Height: 1,66  
Weight: 57

### Personal best:

Heptathlon	5.430	Bern		23.07.06
100 m hurdles	14.27	Desenzano	0,7	5.05.07
	14.25W	Azusa	4,8	15.04.08
High jump	1.76	Manchester		6.08.06
Shot put	12.29	Bern		22.07.06
200 m	25.52	Desenzano	-0,3	5.05.07
Long jump	5.76	Bern	-0,9	23.07.06
	5.79w	Werden	2,7	20.08.06
	5.85i	Sheffield		14.01.07
Javelin throw	35.65	Azusa		16.04.09
800 m	2.16.05	Stoke on Trent		11.06.06
400 m hurdles	60.92	Eton		5.08.06
Triple jump	10.45i	Sheffield		18.02.07
Pole vault	2.80	Eton		5.08.06



Career:

5021	4) HEXHAM	12.06.05	INVT	14.77	1.69	10.11	25.75	5.53	28.02	2.21	53	0,7	1,4	-0,4
5071	1) STOKE ON TRENT	11.06.06	NC	15.2	1.75	9.61	26.81	5.63	32.44	2.16	05	-2,9	-6,1	1,6
5430	6) BERN	23.07.06	V2U23	14.39	1.66	12.29	25.60	5.76	33.53	2.16	91	0,7	-1,2	-0,9
5321	5) WOERDEN	20.08.06	INVT	14.48	1.75	10.68	25.58	5.79	32.29	2.23	29	0,0	0,2	2,7
dnf	-) DESENZANO	6.05.07	INVT	14.27	1.71	11.62	25.52	nm	33.24	dns		0,7	-0,3	
dnf	-) WOERDEN	26.08.07	INVT	14.68	1,40	dns								
5302w	3) AZUSA	16.04.09	MISAC	14.25w	1.66	10.93	26.19	5.75	35.65	2.20	02	4,8	1,7	0,8
5029	2) WOODFORD	17.05.09	MEET	14.37	1.60	10.65	26.38	5.69	35.08	2.29	35	1,1	2,2	1,9
3607	14) STOKE ON TRENT	14.06.09	NC											

Decathlon

6030	1) GATESHEAD	22.08.04		13.01	27.03	2.40	26.81	59.58	15.53	5.24	10.19	1.62	5.24	00
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Indoor

3944	1) SHEFFIELD	14.01.07		8.96	1.71	10.05	5.85	2.20	10					
3923	4) LEE VALLEY	25.02.07												
4082	5) ZARAGOZA	28.01.07	V4	8.91	1.75	11.20	5.80	2.18	76					
3923	4) LONDON	25.02.07		8.85	1.74	10.18	5.70	2.23	50					