

23th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2010

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 8th - 9th, 2010

Name: **Catherine HOLDSWORTH**

Country: Great Britain

Date of birth: 3 January 1986

Place of birth: Munster, Germany

Profession: Physiotherapist

Club: Colchester H

Coach: Darrell Bunn

Height: 1,70

Weight: 67

Personal best:

Heptathlon	5.529	Ashford		27.07.08
100 m hurdles	13.69	Ashford	-0,7	26.07.08
	13.61w	Bedford	3,4	22.06.08
High jump	1.66	Exeter		18.09.04
Shot put	12.88	Colchester		5.09.09
200 m	25.23	Stoke on Trent	1,8	6.09.08
	25.00w	Stoke on Trent	2,8	12.06.04
Long jump	5.96	Ware		19.06.05
	5.97W	Stoke on Trent	4,3	13.06.04
	5.97i	Sheffield		26.02.05
Javelin throw	40.61	Stoke on Trent		14.06.09
800 m	2.22.05	Birmingham		1.06.08
400 m hurdles	60.35	Bedford		3.07.05



Career:

5100w	1) STOKE ON TRENT	13.06.04 NCJ	14.06	1.58	10.91	25.00	5.97w	28.61	2.33	3.33	2,1	2,8	4,3
5046	-) STOKE ON TRENT	13.06.04 NCJ											3,3
5058	7) MERIGNAC	1.08.04 V4J	14.03	1.61	10.35	25.35	5.74	29.37	2.29	0.93	0,8	1,4	3,5
5080w	1) EXETER	19.09.04	13.96w	1.66	10.61	25.23	5.61	29.72	2.33	3.32	4,1	3,1	2,2
5005	1) HEXHAM	12.06.05 NCJ	14.44	1.57	10.47	25.70	5.76	31.14	2.27	2.24	1,4	0,5	0,0
5133	3) STOKE ON TRENT	1.07.05 V2J	14.10	1.60	10.74	25.46	5.87	29.97	2.27	5.53	-0,9	1,1	2,0
5009	2) BELFAST	18.09.05 CUP	14.32	1.57	10.50	25.28	5.58	30.00	2.23	3.38	-1,5	0,0	-0,9
5138	10) BERN	23.07.06 V2U23	14.18	1.60	11.18	26.02	5.78	34.07	2.28	6.61	0,7	-1,2	-0,3
5385	3) BIRMINGHAM	1.06.08 NC	14.03	1.60	11.65	25.28	5.65	38.38	2.22	0.5	1,5	-0,7	-0,5
5529	3) ASHFORD	27.07.08 V3	13.69	1.66	12.04	25.70	5.91	38.16	2.24	9.5	-0,7	-2,0	3,5
5376	2) STOKE ON TRENT	7.09.08	13.85	1.64	11.94	25.23	5.72	37.33	2.30	3.34	2,4	1,8	2,1
5421	1) STOKE ON TRENT	14.06.09 NC	13.95	1.65	11.48	26.07	5.88	40.61	2.27	0.0	0,4	-0,7	2,4
5184	28) SZCZECIN	28.06.09 EP	14.30	1.66	12.31	25.64	5.56	36.13	2.35	9.0	-1,0	1,0	1,6

Indoor

3818	3) VALENCIA	13.02.05 V2U23											
4021	2) EAUBONNE	26.02.06 V2U23	8.59	1.63	12.27	5.95	2.26	2.28					
3906	2) SHEFFIELD	12.01.08 NC	8.56	1.59	12.14	5.83	2.28	6.66					
3806	10) SHEFFIELD	3.02.08	8.65	1.60	11.15	5.83	2.30	8.82					
3871	6) PARIS	2.03.08 V2U23	8.63	1.63	11.72	5.77	2.30	4.41					
3838	1) SHEFFIELD	11.01.09 NC	8.63	1.59	12.79	5.69	2.32	9.94					
2791	19) ZARAGOZA	1.02.09	dnf	1.57	11.54	5.69	2.29	1.17					
3864	2) SHEFFIELD	10.01.10 NC	8.56	1.63	11.85	5.75	2.32	2.29					
3871	6) APELDOORN	31.01.10	8.52	1.66	11.92	5.73	2.26	3.39					