

28th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2015

FIRENZEATLETICA International Meeting

Firenze (Italy) "L. Ridolfi" Stadium - May 15th - 16th, 2015

Name: **Liliana NASTASE**
 Née: Alexandru
 Country: Romania
 Date of birth: 1 August 1962
 Place of birth: Vinju Mare
 Profession: Teacher
 Club: Steaua Bucarest / Snam Milano
 Coach: Doru Crisan - 92
 Height: 1.69
 Weight: 67

Personal best:		Best results:	
Heptathlon	6.619 Barcelona	2.08.92	Olympic games: 4 1992, 22 1996
100 m. hurdles	12.81 Trento 1,4	8.06.91	World championships: 5 1987, 2 1991
High jump	1.82 Barcelona	1.08.92	World student championships: 2 1985, 1 1987, 5 1989
Shot put	14.36 Gotzis	30.05.92	European championships: dnf 1990
	14.44i Bucuresti	25.01.92	European cup final: 1b 1991
200 m.	23.35 Gotzis 2,0	30.05.92	World indoor championships: 2 1993, 5 1995
Long jump	6.78 Pitesti -0,8	25.06.89	European indoor championships: 1 1992, 4 1994, 8 1996
Javelin throw	47.72 Pitesti	25.06.89	National championships:
800 m.	2.07.6 Bucaresti	5.05.91	heptathlon 1984, 1985, 1986, 1987, 1988, 1991, 1996
1st day	3.976 Barcelona	1.08.92	100 m. hurdles 1984, 1991, 1992, 1995, 1996
2nd day	2.820 Pitesti	25.06.89	Pentathlon Indoor: 1987, 1988, 1991, 1992, 1993, 1994
			World indoor record pentathlon: 1991 4655 Bucuresti
			1992 4726 Bucuresti
100 m	11.85	.89	
60 m hurdles i	8.08i	.91	
400 m hurdles	59.41 Bucuresti	15.05.83	

Personal best heptathlon: 12.86 1.82 14.34 23.70 6.49 41.30 2.11.22
 1146 1003 817 1010 1004 692 947
 1146 2149 2966 3976 4980 5672 6619

Total points with personal best: 12.81 1.82 14.44 23.35 6.78 47.72 2.07.6
 1153 1003 823 1044 1099 816 1000
 1153 2156 2979 4023 5122 5938 6938



