

25th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2012

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) – ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 5th - 6th, 2012

Name: **Anouk FORAFO**

Country: France

Date of birth: 23 October 1985

Place of birth: Tourcoing

Club: AC Cannes

Coach:

Height: 1,69

Weight: 59

Personal best:

Heptathlon 5.283 Albi 29.07.11

100 m. hurdles 14.04 Compeigne 2,0 24.07.11

13.95w Dijon 2,3 7.06.08

High jump 1.63 Berne 22.07.06

1.66i Vittel 10.02.08

Shot put 11.60 Cannes 30.04.11

11.77i Liévin 21.02.09

200 m. 25.82 Dijon 2,0 7.06.08

Long jump 5.89 Valbonne -0,4 21.06.08

Javelin throw 40.77 Cannes 27.04.08

800 m. 2.21.29 Desenzano 6.05.12

2.21.89i Aubiere 26.02.12

100 m. 12.51 Cannes 1,6 30.04.11

Pole vault 3.00 La Garde 8.05.11

Discus throw 26.68 Cannes 15.06.05

Career:

5283 4) ALBI 29.07.11 NC 14.16 1.58 11.15 26.27 5.84 39.13 2.22.93 1,9 1,6 2,0

5206 15) DESENZANO 6.05.12 INVT 14.06 1.54 11.60 26.10 5.51 38.48 2.21.29 -0,6 0,9 0,3

Indoor

3782) AUBIERE 21.01.12 8.69 1.60 10.81 5.48 2.22.29

3985) AUBIERE 26.02.12 8.62 1.64 11.75 5.73 2.21.89

