

25th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2012

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) – ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 5th - 6th, 2012

Nome/Name **Gianluca SIMIONATO**
 Nato/Born 8.08.90, Busto arsizio
 1,93m, 83kg
 Club: Nuova Atletica Fanfulla Lodigiana
 Allenatore/Coach: Alvaro Di Federico

100 m.	11.52	Rovellasca	0,7	20.07.11
Long jump	6.79	Busto Arsizio		18.04.12
	6.82w	Bressanone	2,8	17.07.10
Shot put	14.02	Desenzano		5.05.12
High jump	1.95	Novara		22.04.12
400 m.	52.74	Formia		30.07.11
110 m. hurdles	16.06	Torino	1,1	21.05.11
Discus throw	40.96	Formia		31.07.11
Pole vault	4.00	Formia		31.07.11
Javelin throw	63.34	Colle Valdelsa		24.09.11
1.500 m.	4.50.53	Formia		31.07.11
1st day	3485	Formia		30.07.11
2nd day	3356	Formia		31.07.11

Migliori risultati/Personal best:

Decathlon	6841	Formia	31.07.11	11.73	6.75	12.49	1.88	52.74	16.15	40.96	4.00	60.11	4.53.04
				705	755	636	696	693	716	684	617	739	600
				705	1460	2096	2792	3485	4201	4885	5502	6241	6841

Totale ideale/Total points with personal best:	11.52	6.82	13.48	1.95	52.74	16.06	40.96	4.00	63.34	4.53.04
	748	771	697	758	693	726	684	617	788	600
	748	1519	2216	2974	3667	4393	5077	5694	6482	7082



Gianluca SIMIONATO Career:

Junior impl.

5889	7)	LATINA	1.06.08	NCJ	12.02	6.14	12.06	1.70	54.78	16.56	37.94	3.50	51.07	5.13	71	-0,8	-1,5	-2,0
5807	2)	BUSTO ARSIZIO	26.04.09	CDS	11.80	6.08	13.14	1.70	54.15	16.17	36.58	2.90	49.04	5.21	30	0,3	1,4	0,3
6142	6)	GROSSETO	21.06.09	NCJ	12.05	6.23	13.53	1.75	54.32	16.57	36.22	3.50	55.07	5.01	88	-1,4	2,5	1,0

5650	5)	LODI	11.05.08	CDS	12.08	6.11	11.32	1.80	54.40	17.34	32.73	3.50	49.98	5.27	34	-2,2	0,6	-0,1
5502	9)	RIETI	14.09.08	CDS	11.88	6.08	11.00	1.75	55.62	17.70	29.11	3.50	47.86	5.14	54	-0,1	-0,6	-0,9
6147	7)	BUSTO ARSIZIO	13.09.09	CDS	11.77	6.35	11.63	1.75	53.98	16.92	36.87	3.70	53.73	4.59	30	0,0	0,4	1,1
6270	3)	CHIARI	25.04.10	CR	11.62	6.51	12.82	1.80	54.21	16.96	33.26	3.80	55.29	5.03	12	-0,3	-0,9	-2,0
6298	5)	CERCOLA	30.05.10	NCU23	11.69	6.51	12.60	1.80	54.01	17.04	36.05	3.70	55.89	4.59	94	1,8	0,8	-1,3
6480	9)	BRESSANONE	18.07.10	NC	11.97	6.82	12.53	1.85	53.79	16.69	38.66	3.70	56.51	4.56	31	-2,1	2,8	1,7
6418	6)	NOVARA	12.09.10	CDS	11.82	6.32	12.92	1.85	54.27	16.53	39.83	3.80	55.39	5.02	01	-0,2	-0,2	0,0
6585	2)	CHIARI	1.05.11	CDSJ	11.64	6.22	12.79	1.85	53.37	16.39	40.04	3.80	58.78	4.52	90	-0,6	0,2	-0,9
6632	5)	MACERATA	29.05.11	NCU23	11.68	6.60	12.53	1.91	53.75	16.29	39.23	3.70	56.56	4.50	53	0,7	1,6	0,1
6841	4)	FORMIA	31.07.11	NC	11.73	6.75	12.49	1.88	52.74	16.15	40.96	4.00	60.11	4.53	04	-1,5	-0,5	0,2
6764	13)	DESENZANO	6.05.12	INVT	11.70	6.48	14.02	1.92	53.15	16.13	36.20	3.95	59.19	4.54	97	-0,5	-0,6	0,7

Indoor

Tetrathlon

2935 2) SARONNO 14.01.12 8.74 6.54 13.48 2.53.74 (60h-LJ-SP-1000)

Eptathlon

4111 8) ANCONA 27.01.08 NCJ 7.58 6.18 12.13 1.70 9.47 3.30 3.10.73
4390 2) ANCONA 18.01.09 7.58 5.96 13.06 1.75 9.08 3.60 3.03.34
4357 9) ANCONA 1.02.09 NCJ 7.47 5.86 12.68 1.75 9.09 3.70 3.08.48
5010 2) ANCONA 29.01.12 NC 7.31 6.65 13.18 1.88 8.89 3.90 2.49.70