

23th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2010

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 8th - 9th, 2010

Nome/Name **Laura RENDINA**
 Nata/Born 6. 02. 83, Roma
 1,70m, 62kg;
 Club: Fondiaria SAI Atletica / 2010 GS Valsugana Trentino
 Allenatore/Coach Luca Zanoni

Migliori risultati/Personal best:

Heptathlon	5426	Cagliari	19. 07. 08	14. 58	1. 63	11. 87	26. 04	5. 72	38. 72	2. 14. 36
				898	771	653	794	765	643	902
				898	1669	2322	3116	3881	4524	5426

100 m hurdles	14. 43	Latina	1, 5	24. 04. 10	Curriculum/Best results
High jump	1. 66	Frascati		25. 06. 08	
Shot put	12. 99	Grosseto		13. 06. 03	
200 m	25. 75	Rieti	-0, 8	6. 06. 09	
Long jump	5. 74	Latina	2, 0	25. 04. 10	
Javelin throw	40. 61	Roma		29. 04. 01	
800 m	2. 13. 44	Latina		1. 06. 08	
1st day	3116	Cagliari		18. 07. 08	
2nd day	2310	Cagliari		19. 07. 08	

Totale ideale/Total points with personal best:	14. 43	1. 66	12. 99	25. 75	5. 74	40. 61	2. 13. 44
	918	806	727	819	771	679	915
	918	1724	2451	3270	4041	4720	5635



