

22th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2009

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 9th - 10th, 2009

Name: **Vanessa SPINOLA**
 Country: Brasil
 Date of birth: 5 march 1990
 Place of birth: Sao Paulo
 Club: Rede Atletismo
 Coach: Hebe Scolfaro da Silva
 Height: 1.78
 Weight: 68

Personal best:

Heptathlon	5.467	Rio de Janeiro	22.06.08
100 m hurdles	14.27	Bydgoszcz	-0,4 11.07.08
High jump	1.67	Rio de Janeiro	21.06.08
Shot put	12.97	Rio de Janeiro	21.06.08
200 m	24.93	Sao Paulo	-0,2 16.06.07
Long jump	5.88		.08
Javelin throw	38.14	Rio de Janeiro	22.06.08
800 m	2.23.1	S. J. Rio Preto	25.05.08

Career:

Youth

4575	21) OSTRAVA	14.07.07 WCY	14.72 1.57 11.13 25.08 5.67 nm 2.24.58	-1,7 -0.1 0.5

5067	1) SAO PAULO	17.06.07	14.59 1.60 11.00 24.93 5.66 32.93 2.32.06	1,1 -0,2 0,3
5308	1) SJ DO RIO PRETO	25.05.08 NCJ	14.3 1.66 11.73 25.13 5.77 32.23 2.23.1	-0,6
5467) RIO DE JANEIRO	22.06.08	14.4 1.67 12.97 25.22 5.71 38.14 2.23.77	1,4 -1,0 0,3
5233	16) BYDGOSZCZ	12.07.08 WCJ	14.27 1.54 12.36 25.24 5.70 37.98 2.30.41	-0,4 -0,5 1,2
5183	1) SAO PAULO	8.03.09	14.90 1.65 12.54 25.67 5.40 35.27 2.24.62	-0,4

