

22th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2009

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 9th - 10th, 2009

Name: **Sushmita SINGHA ROY**
 Country: India
 Date of birth: 26 March 1984
 Place of birth: Midnapur, WB
 Profession: Service (Rly)
 Club: ACC
 Coach: Dr. Kuntal Roy
 Height: 1,78
 Weight: 64

Personal best:		Best results:	
Heptathlon	6.027 Bangalore	18.07.08 Olympic games:	32 2008
100 m hurdles	13.91 Bangalore	17.07.08 Asian championships:	2 2005, 3 2007
High jump	1.80 Kolkata	12.06.05 Commonwealth games:	11 2006
Shot put	11.93 Bangalore	17.07.08 World youth games:	3 2000
200 m	23.78 Bangalore		
Long jump	6.25 Bhopal	27.02.08	
Javelin throw	41.78 Madurai	18.06.08	
800 m	2.13.76 Madurai	18.06.08	
1st day	3.584 Bangalore	17.07.08	
2nd day	2.529 Madurai	18.06.08	

Personal best heptathlon: 13.91 1.77 11.93 23.78 6.24 39.91 2.18.26
 991 941 656 1002 924 666 847
 991 1932 2588 3590 4514 5180 6027

Total points with personal best: 13.91 1.80 11.93 23.78 6.25 41.78 2.13.76
 991 978 656 1002 927 701 910
 991 1969 2625 3627 4554 5255 6165

Career:

5211	1)	KOLKATA	5.06.04																	
5105	2)	CHENNAI	20.07.04	NC	14.80	1.67	10.69	25.80	5.86	31.97	2.28.79									
5287	1)	BANGALORE	6.07.05		14.78	1.75	10.59	24.85	5.74	29.13	2.21.75									
5419	1)	CHENNAI	2.08.05		14.60	1.75	11.14	24.89	5.91	32.58	2.24.80									
5308	2)	INCHEON	2.09.05	ASIC	14.45	1.71	10.22	25.05	5.82	32.85	2.23.79	-0,2	0,0	0,5						
5872	1)	NEW DELHI	3.03.06	FED CUP	13.90	1.72	11.38	24.13	6.17	38.61	2.16.72									
4420	11)	MELBOURNE	22.03.06	CG	14.01	1.70	10.53	dnf	5.95	33.12	2.33.11	0,5		-1,1						
5118	23)	DESENZANO	14.05.06	INVT	14.66	1.70	10.17	25.11	5.94	32.95	2.38.14	-0,3	0,8	2,5						
5677	2)	NEW DELHI	6.10.06	NC	14.11	1.72	11.37	24.10	6.11	32.45	2.18.85									
5761	2)	CHENNAI	5.11.06	INT. ST.	14.17	1.74	11.26	24.26	6.10	37.60	2.19.16									

5088	2)	GAWAHATI	13.02.07		14.52	1.68	10.30	25.71	5.66	29.73	2.24.57									
5137	1)	PUNE	29.06.07		14.67	1.67	10.84	25.46	5.81	30.64	2.27.70									0,0
5154	3)	AMMAN	26.07.07	ASIC	14.94	1.69	10.54	25.21	5.81	32.16	2.27.90									
5262	4)	LAMSHEDPUR	24.10.07	NC	15.1	1.67	10.54	24.8	5.74	38.69	2.22.79									
5866	1)	BHOPAL	27.02.08	FED CUP	14.39	1.73	11.44	23.97	6.25	40.11	2.18.28	1,0	0,1	0,1						
5975	2)	MADURAI	18.06.08	INT. ST.	14.11	1.74	11.41	24.24	6.22	41.78	2.13.76									
6027	2)	BANGALORE	18.07.08	NC	13.91	1.77	11.93	23.78	6.24	39.91	2.18.26	0,0	0,0	0,0						
5705	32)	BEIJING	16.08.08	OG	14.11	1.71	11.27	24.34	5.98	39.79	2.21.14	0,2	0,3	0,5						

