

22th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2009

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 9th - 10th, 2009

Nome/Name **Jennifer MASSACCISI**

Nata/Born 13. 10. 88,

m, kg.

Club Tecno Adriatica Marche

Allenatore/Coach

Migliori Risultati/Personal best:

Heptathlon	5099	Cagliari	19. 07. 08	14. 42	1. 66	10. 51	25. 68	5. 55	29. 16	2. 21. 07
							920	806	563	825 715 461 809
							920	1726	2289	3114 3829 4290 5099

100 m hurdles	14. 17	S. Benedetto	0. 2	25. 04. 08	Curriculum/Best Results
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High jump	1. 66	Cagliari	18. 07. 08
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	1. 69i	Ancona	1. 02. 09
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Shot put	10. 69	S. Benedetto	25. 04. 09
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	10. 81i	Ancona	18. 01. 09
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200 m	25. 49	S. Benedetto	0, 0	25. 04. 09
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Long jump	5. 64	S. Benedetto	11. 05. 08
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Javelin throw	29. 16	Cagliari	19. 07. 08
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800 m	2. 21. 07	Cagliari	19. 07. 08
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1st day	3114	Cagliari	18. 07. 08
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2nd day	1985	Cagliari	19. 07. 08
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Totale ideale/Total points with personal best:	14. 17	1. 69	10. 81	25. 49	5. 64	29. 16	2. 21. 07
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	954	842	583	842	741	461	809
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	954	1796	2379	3221	3962	4423	5232
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Career:

4793	5) SCAFATI	16. 09. 07	CDS	14. 76	1. 57	10. 03	25. 76	5. 34	28. 83	2. 24. 68	-0, 1	-2, 1	-0, 6
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4836	1) S. BENEDETTO TR.	11. 05. 08	CDS	14. 84	1. 60	10. 61	25. 60	5. 64	28. 63	2. 34. 06	1, 4	0, 0	0, 0
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4880	4) LATINA	1. 06. 08	NCU23	14. 66	1. 63	10. 26	25. 95	5. 58	25. 29	2. 24. 56	-1, 6	-0, 2	2, 1
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5099	9) CAGLIARI	19. 07. 08	NC	14. 42	1. 66	10. 51	25. 68	5. 55	29. 16	2. 21. 07	2, 3	-0, 3	2, 6
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4662	6) RIETI	14. 09. 08	CDS	14. 83	1. 55	9. 41	25. 55	5. 32	27. 92	2. 28. 86	0, 0	0, 9	-1, 1
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3107	4) S. BENEDETTO TR.	26. 04. 09	CDS	14. 17	1. 60	10. 69	25. 49	nm	nm	dnf	0, 2	0, 0	
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Indoor

3597	9) ANCONA	28. 01. 07	NC	9. 26	1. 60	10. 08	5. 52	2. 24. 43
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3628	8) ANCONA	27. 01. 08	NC	8. 97	1. 54	10. 34	5. 67	2. 26. 01
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3552	3) ANCONA	18. 01. 09		9. 07	1. 60	10. 81	5. 52	2. 34. 93
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3829	5) ANCONA	1. 02. 09	NC	8. 79	1. 69	10. 26	5. 55	2. 23. 87
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