

22th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2009

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 9th - 10th, 2009

Name: **Jessica ENNIS**
 Country: Great Britain
 Date of birth: 28 January 1986
 Place of birth: Sheffield
 Club: City of Sheffield A.C.
 Coach: Toni Minichiello
 Height: 1,65
 Weight: 57

Personal best:		Best results:	
Heptathlon	6.587 Desenzano	10.05.09 World championships:	4 2007
100 m hurdles	12.97 Osaka	0,1 25.08.07 European championships:	8 2006
High jump	1.95 Desenzano	5.05.07 European cup:	4 2006, 1 2007
Shot put	13.59 Derby	2.05.09 World youth championships:	5 2003
200 m	23.15 Osaka	0,3 25.08.07 World junior championships:	8 2004
Long jump	6.40 Desenzano	-0,3 6.05.07 European junior championships:	1 2005
	6.54w Manchester	2,4 .07 European indoor championships:	6 2007
Javelin throw	43.08 Loughborough	.05.08	
800 m	2.09.88 Desenzano	10.05.09	
1st day	4.003 Desenzano	9.05.09	
2nd day	2.584 Desenzano	10.05.09	
100m	11.85 Liverpool	25.05.03	

Personal best heptathlon: 12.98 1.90 13.19 23.49 6.16 42.70 2.09.88
 1127 1106 740 1030 899 719 966
 1127 2233 2973 4003 4902 5621 6587

Total points with personal best: 12.97 1.95 13.59 23.15 6.54 43.08 2.09.88
 1129 1171 767 1064 1020 726 966
 1129 2300 3065 4131 5151 5877 6843



Career:

Lower hurdles (76,2 cm)

5311	5)	SHERBROOKE	13.03.03	13.86	1.75	10.13	24.56	5.47	25.52	2.18.21	0,6	-0,3	-0,2	
4711	3)	BEDFORD	15.07.01	14.60	1.67	9.04	25.25	5.20	22.52	2.28.12	1,7	0,1	2,1	
4801	9)	BEDFORD	5.08.01	14.53	1.72	8.67	25.55	5.24	23.57	2.25.04				
4837	2)	WREXHAM	23.06.02	15.23	1.77	9.17	24.72	5.21	22.84	2.26.44	-4,1	1,7	1,9	
5194	2)	PRATTELN	4.08.02	V3J	14.32	1.74	9.21	24.52	5.63	26.54	2.21.84	0,6	2,5	0,0
5116	13)	DESENZANO	11.05.03	INVT	14.02	1.61	9.70	24.44	5.52	26.82	2.20.20	0,6	-0,5	0,9
5364	12)	DESENZANO	9.05.04	INVT	14.10	1.79	10.27	24.42	5.52	24.87	2.17.34	-1,6	0,4	-0,7
5542	8)	GROSSETO	17.07.04	WCJ	13.57	1.80	10.52	24.23	5.59	28.04	2.19.16	0,6	-0,3	0,3
5827	4)	SALO'	8.05.05	INVT	13.82	1.85	11.88	24.79	6.09	30.28	2.17.03	0,1	-3,3	-0,3
5891	1)	KAUNAS	24.07.05	ECJ	13.46	1.79	11.40	24.29	6.19	32.55	2.17.23	-2,0	-0,9	-0,9
5910	3)	IZMIR	16.08.05	WUG	13.56	1.87	12.26	24.43	6.22	28.94	2.21.08	-1,1	0,6	-1,0
6269	3)	MELBOURNE	22.03.06	CG	13.32	1.91	11.87	23.80	6.15	36.39	2.12.66	2,0	0,9	-0,1
6170	4)	ARLES	2.07.06	EP	13.37	1.86	12.36	23.76	6.12	36.81	2.16.95	2,2	1,3	0,0
6287	8)	GOTEBORG	8.08.06	EC	13.33	1.86	12.72	23.56	6.19	36.65	2.13.45	1,0	0,2	0,5
6388	1)	DESENZANO	6.05.07	INVT	13.12	1.95	12.13	23.68	6.40	33.91	2.14.31	0,2	0,6	-0,3
6399	1)	SZCZECIN	8.07.07	EP	13.05	1.87	12.89	23.65	6.20	37.38	2.10.91	0,9	3,1	2,5
6469	4)	OSAKA	26.08.07	WC	12.97	1.89	11.93	23.15	6.33	38.07	2.11.39	0,1	0,3	0,1
dnf	-)	GOTZIS	1.06.08	INVT	13.36	1.85	13.52	23.59	dns			-1,1	1,8	
6587	1)	DESENZANO	10.05.09	INVT	12.98	1.90	13.19	23.49	6.16	42.70	2.09.88	0,7	-0,5	-0,4

Indoor

3654)	EAUBONNE	24.02.02	8.70	1.74	8.55	5.39	2.30.44					
3785)	CARDIFF	26.01.03	8.78	1.76	9.06	5.55	2.28.03					
4089	1)	CARDIFF	13.03.05	WAL. CH.	8.48	1.80	10.49	5.64	2.22.75				
4401	1)	EAUBONNE	26.02.06	V2U23	8.29	1.87	11.82	5.85	2.20.45				
4716	6)	BIRMINGHAM	2.03.07	EC	8.22	1.91	13.28	6.19	2.17.03				