



22th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2009

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 9th - 10th, 2009

Name: **Richard REEKS**
Country: Great Britain & N.I.
Date of birth: 6 December 1985
Place of birth: Poole
Profession: Construction Engineer
Club: Bournemouth A.C.
Coach: Ian Grant
Height: 1,87
Weight: 84

Personal best:

Decathlon	7.304	Street		27.04.08
100 m	11.03	Street	0,1	25.04.09
Long jump	7.17	Street		26.04.08
Shot put	12.33	Street		26.04.08
High jump	2.08	Street		26.04.08
400 m	49.60	Birmingham		31.05.08
110 m hurdles	14.53	Street	-0,9	26.04.09
Discus throw	39.10	Bournemouth		2.05.09
Pole vault	4.30	Jyvaskyla		29.06.08
	4.35i	Sheffield		11.01.09
Javelin throw	48.47	Street		27.04.08
1.500 m	4.49.01	Birmingham		1.06.08

Career:

6284	1)	YEOVIL	30.04.06	11.60	6.54	10.46	1.93	52.05	15.59	31.60	3.60	42.75	4.52.86				
6695	9)	STOKE ON TRENT	10.06.07	11.31	6.82	10.51	1.98	50.49	15.39	32.74	3.95	45.19	4.54.03	1,2	0,3	-2,2	
6546	8)	AIX EN PROVENCE	5.08.07	11.38	6.66	10.86	1.99	50.79	15.90	33.61	3.90	42.57	4.57.41	-0,4	-0,2	-2,2	
6787	6)	STOKE ON TRENT	9.09.07	11.17	6.86	10.71	1.96	51.66	14.96	34.66	4.05	48.11	5.02.50	3,8	2,3	2,1	
7304	1)	STREET	27.04.08	11.06	7.17	12.33	2.08	50.38	14.56	38.12	3.90	48.47	4.50.32	1,0		0,8	
6954	4)	BIRMINGHAM	1.06.08	11.12	6.57	11.31	2.03	49.60	14.85	33.44	4.15	43.47	4.49.01	1,4	1,9	-0,9	
7009	19)	JYVASKYLA	29.06.08	EP-B	11.25	6.81	11.27	1.98	50.23	14.79	35.71	4.30	44.87	4.50.63	1,7	0,4	1,3
Indoor																	
5022	9)	SHEFFIELD	13.01.08	7.36	6.67	11.64	1.99	8.42	3.75	2.54.46							
5259	3)	SHEFFIELD	11.01.09	ENG CH	7.23	6.78	11.36	1.95	8.24	4.35	2.53.33						
5312	11)	ZARAGOZA	1.02.09	V4	7.19	6.87	11.58	1.95	8.31	4.30	2.49.87						

