

22th International Meeting of Combined Events

I.A.A.F. WORLD COMBINED EVENTS CHALLENGE 2009

TROFEO "CITTA' DI DESENZANO DEL GARDA"(BS) - ITALY

Desenzano del Garda (Italy) "F. Ghizzi" Stadium - May 9th - 10th, 2009

Name: **Silas Cheruyot KATONON**
 Country: Kenya
 Date of birth: 14 Mai 1988
 Place of birth:
 Coach: Oleksandr Nevskiy
 Height:
 Weight:

Personal best:

| | | | |
|---------------|---------|---------|----------|
| Decathlon | 6.726 | Reduit | 19.04.09 |
| 100 m | 11.53 | Reduit | 18.04.09 |
| Long jump | 7.60 | Reduit | 18.04.09 |
| Shot put | 10.92 | Reduit | 18.04.09 |
| High jump | 2.05 | Reduit | 21.03.09 |
| 400 m | 51.43 | Reduit | 18.04.09 |
| 110 m hurdles | 15.36 | Reduit | 19.04.09 |
| Discus throw | 30.90 | Reduit | 19.04.09 |
| Pole vault | 3.50 | Reduit | 19.04.09 |
| Javelin throw | 48.78 | Reduit | 4.04.09 |
| 1.500 m | 4.46.11 | Reduit | 19.04.09 |
| Triple jump | 16.02 | Nairobi | 19.04.08 |

Career:

6726 4) REDUIT 19.04.09 AFRCH 11.53 7.60 10.92 2.01 51.43 15.36 30.90 3.50 44.15 4.46.11

